



How to Maintain Order When Remote Work, Kids and Online Learning Collide

Working and caring for children at home is no easy feat, and online learning can make things even more complicated for parents right now. If you are a parent who is struggling to juggle these responsibilities, know that you are not alone. Also know that these resources can help you find balance amidst chaos.

Fun & Educational Ways to Keep Kids Busy

Children can be very distracting when you are trying to juggle conference calls and other remote work responsibilities. Which is why you need to plan activities to keep them occupied.

- You can try putting together [a reading list](#) and encouraging your kids to spend a few hours of each day with their favorite books.
- If your kids get tired of reading, you can also try holding their attention with a few [educational games](#) and activities on their laptop or tablet.
- There are plenty of [child-appropriate laptops](#) that won't break the bank but that will also provide hours of entertainment and learning at home.
- If you're worried about screen time, know that [experts say](#) that more screen time is perfectly okay when you're stuck at home and can even have perks for kids.

Resources to Manage At-Home Learning

The activities above can be wonderful for keeping little minds occupied during the summer, but you may also need a few tips to make balancing online learning with remote work less stressful.

- You can maintain order between homeschooling and working from home by setting up consistent but adaptable routines for [online learning](#).
- If you feel comfortable, you can also ask your employer about [creating work windows](#) that will make establishing these routines less taxing.
- There may also be [homeschool programs](#) that will set up these schedules and routines for you, so that you can get back to focusing on your work.

Tips to Keep Remote Work Routines Productive

A consistent routine can keep your kids on track with homeschooling but it can also help you maximize productivity when working from home. So be sure to create a routine for yourself too.

- You can [use remote work guides](#) to come up with a routine that fits your needs, and to find other helpful tricks to boost your productivity.
- One tip you will likely find in each of these guides is to [set up a home office](#), so that you are less likely to be distracted by your kids or other household responsibilities.
- It's also important to take breaks for meals and stress relief [when working from home](#).
- [Adding exercise](#) to your schedule can also provide stress relief and even more energy.

Resources for Stress-Relief & Quality Family Time

All work and no play can lead to anxiety and tension for both adults and children. So you should also find ways to work in a little stress relief and fun for your family.

- You can find more time for family relaxation and fun by setting boundaries that will create more [work-life balance](#).
- Since you are all spending so much time at home, it can also be refreshing to step outside, so long as you follow [health and safety guidelines](#).
- Check the [Borough of Yoe](#) website for opportunities to get out and about without having to stray too far away from your home.

With any hope, this crisis will soon come to an end and things can get back to some sort of normal. Until that happens, you can create order at home by focusing on routines that keep your family productive and that help you all relieve some stress.

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